



SMELLY STICKERS

How fun are stickers that smell good!?

It is even better when you make the stickers yourself! This activity can be taken on the road if you're heading up north, or outside in the park as an additional activity.

MATERIALS

- Labels
 - Much like you would use for sending out mail (can be found at Walmart/ Staples)
- Smelly Markers
- Paper or a journal to put their smelly stickers in
 - *remember for younger children that a reminder of where stickers are allowed to be stuck may support you not finding them all over the house!

INSTRUCTIONS

- Have them design their stickers first with markers or pencil crayons
 - Once they have designed their stickers they can have the labels
- Give a few labels to begin with
 - Less materials allows children to take longer on each one because they know their is a limited amount!
- If you have provided a journal, have them decorate the front + back cover

MINDFUL CHALLENGE

- If possible allow them to smell the real scent, for example if a marker smells like strawberries, allow them to smell a real strawberry!
 - What is the difference between the two?
 - If you close your eyes can you tell which one is which?
- Bring your stickers to someone else in your household. can they name that smell?
- Put on relaxing music or take this activity outside!

MODIFICATIONS

KINDERGARTEN: Encourage your child to move slower through the activity. Where can more detail be added? What other fun smelly pictures can you draw?

OLDER: Make more elaborate stickers, adding more details! Option to use the stickers to make a story. Each sticker can represent another page in their book!