

MINDFULNESS SCAVENGER HUNT



DESCRIBE
THE TREES

WHAT DO YOU SEE?



WHAT DO YOU SMELL?



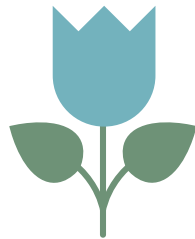
WHAT DO YOU HEAR?



WHAT DO YOU TASTE?



WHAT DO YOU FEEL?



DESCRIBE
THE FLOWERS

WHAT DO YOU SEE?



WHAT DO YOU SMELL?



WHAT DO YOU HEAR?



WHAT DO YOU TASTE?



WHAT DO YOU FEEL?



DESCRIBE
THE GRASS

WHAT DO YOU SEE?



WHAT DO YOU SMELL?



WHAT DO YOU HEAR?



WHAT DO YOU TASTE?



WHAT DO YOU FEEL?

