

MINDFUL SCIENCE!

Goop!

What a fun and exciting Science Activity for all ages!

However, it can get SUPER messy!

We recommend doing the activity on top of an old table cloth, garbage bags or drop sheet of some kind (outside is also an option if weather permits).



INGREDIENTS

1.5 Cups of Corn Starch

1 Cup Water

ADDITIONAL FUN

Add food colouring to the water before mixing

Add plastic animals, bugs or any other figures you have

Cookie cutters can be a fun experience

Add more cornstarch or water to feel the difference



INSTRUCTIONS

Pour the Corn Starch in a bowl, or plastic tray with sides
Slowly add water, and watch as the consistency transforms!

This is a great opportunity to talk to your child about science:

What is happening to the ingredients as they mix?

What happens as your hands warm the Goop?

Encourage Exploration

Encourage Questions

*if you don't know the answer Google it and continue the learning!